

STORIES TO FREEDOM



KEY STAGE 5

Modern Day Slavery Lesson Plan

How much has really changed since slavery was legal? This lesson looks at the person behind the word 'slave'. What did they go through and in how many different ways did they find their freedom? There is no easy way out of slavery and each case is different, with similarities the pupils will see. It shows them the difficulty of being rescued and how we can all stay safe and protect others. .

● WESEEYOU.

THE CLEWER INITIATIVE

JUST ENOUGH GROUP

Stories to Freedom

Lesson Goal

To gain empathy towards those kept in modern day slavery. Understanding that, those who are held in modern day slavery are normal, everyday people who suffer at the hands of others.

Objectives

1. Pupils will learn Maslow's Hierarchy of Needs and consider it in relation to slavery
2. Pupils will deliver a piece of drama to convey empathy of slavery to the class
3. Pupils will learn about Frederick Douglass and why we should not forget the past

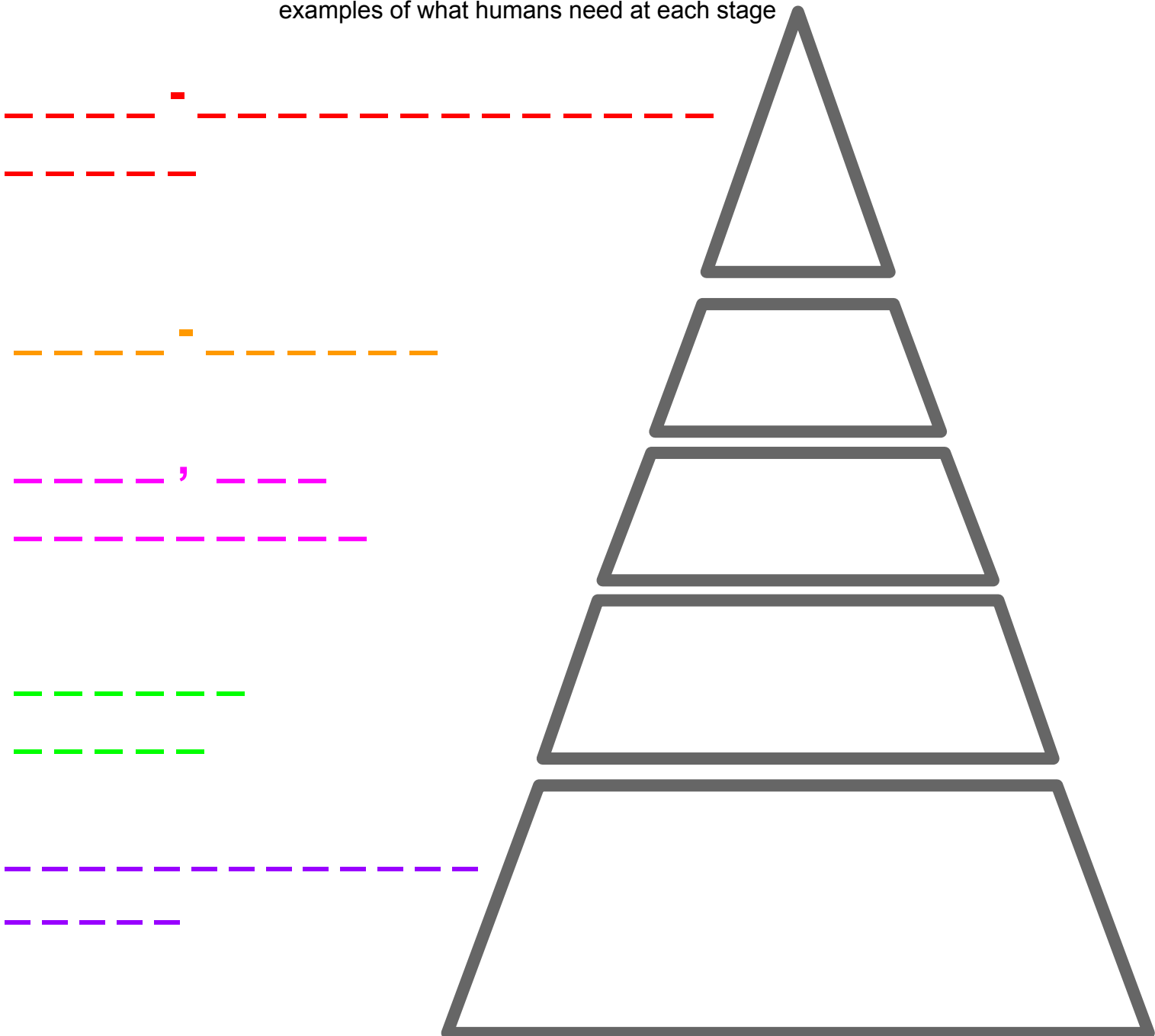
Starter	<p>Provide pupils with a print-out of Maslow's Hierarchy for the pupils to try on their own first. Discuss their guesses as a class and fill in any answers they did not already know. *You can play hangman with the class in order to help give them clues for each word.</p>
Whole Class Activity	<p>Think about slavery before it was made illegal around the world. Create mind maps around each of the following topics: 'emotions' 'thoughts' 'logistics'. What do we already know as a class? How may we be able to empathise with those who were held in the transatlantic slave trade? Emphasise to the class that the way we can empathise with those in slavery is to keep their stories alive. It is not the statistics which should be focused on as much as the reality of those who were held against their will.</p>
Whole Class Activity	<p>Read through the clues of stories of slavery. Each group will choose a story to act out and 'fill in any gaps' they may see using their imagination. The stories will be revealed at the end of the session.</p>
Group Activity	<p>In groups pupils will create a piece of drama that encapsulates the story and all the points in it. It is down to their own interpretations to create a cohesive story. Do not reveal to the class anything about modern day slavery unless they bring it up. This is to illustrate the parallels between history and today.</p> <p>Give them roughly 10 minutes to think about their storyline together and write a short script.</p> <p>Let the pupils spend 20-25 minutes rehearsing the stories to present. They can create more than one scene, or a scene they think will resonate with their classmates.</p> <p>For each scenario the class should write down the year they think the story happened in (e.g. 1750), the nationality of the person described, and the place they might be.</p>
Whole Class Activity	<p>The main character in each story will then be given the 'Individual Stories' handout to read out the rescue/escape of each story.</p> <p>Remind pupils that although the stories are mainly modern, often they are similar to stories and situations that slaves in the 1700's found themselves in. Not enough action was taken in the first place.</p>
Moving Forward	<p>https://www.youtube.com/watch?v=VDcG2iwyGvU Finish the lesson with the first 5 minutes of this Sky News report on rescuing slaves in the Midlands. It explains further examples of cases of modern day slavery.</p>

Maslow's Hierarchy of Needs

Maslow (1943, 1954) stated that people are motivated to achieve certain needs and that some needs take precedence over others.

Our most basic need is for physical survival, and this will be the first thing that motivates our behavior. Once that level is fulfilled the next level up is what motivates us, and so on.

Task: Fill in the missing words below. Write notes in each triangle examples of what humans need at each stage



Maslow's Hierarchy of Needs - **Answers**

Maslow (1943, 1954) stated that people are motivated to achieve certain needs and that some needs take precedence over others. Our most basic need is for physical survival, and this will be the first thing that motivates our behavior. Once that level is fulfilled the next level up is what motivates us, and so on.

Self-Actualisation Needs

Reaching your potential, creative activities

Self-Esteem

Prestige, feeling of accomplishment

Love and Belonging

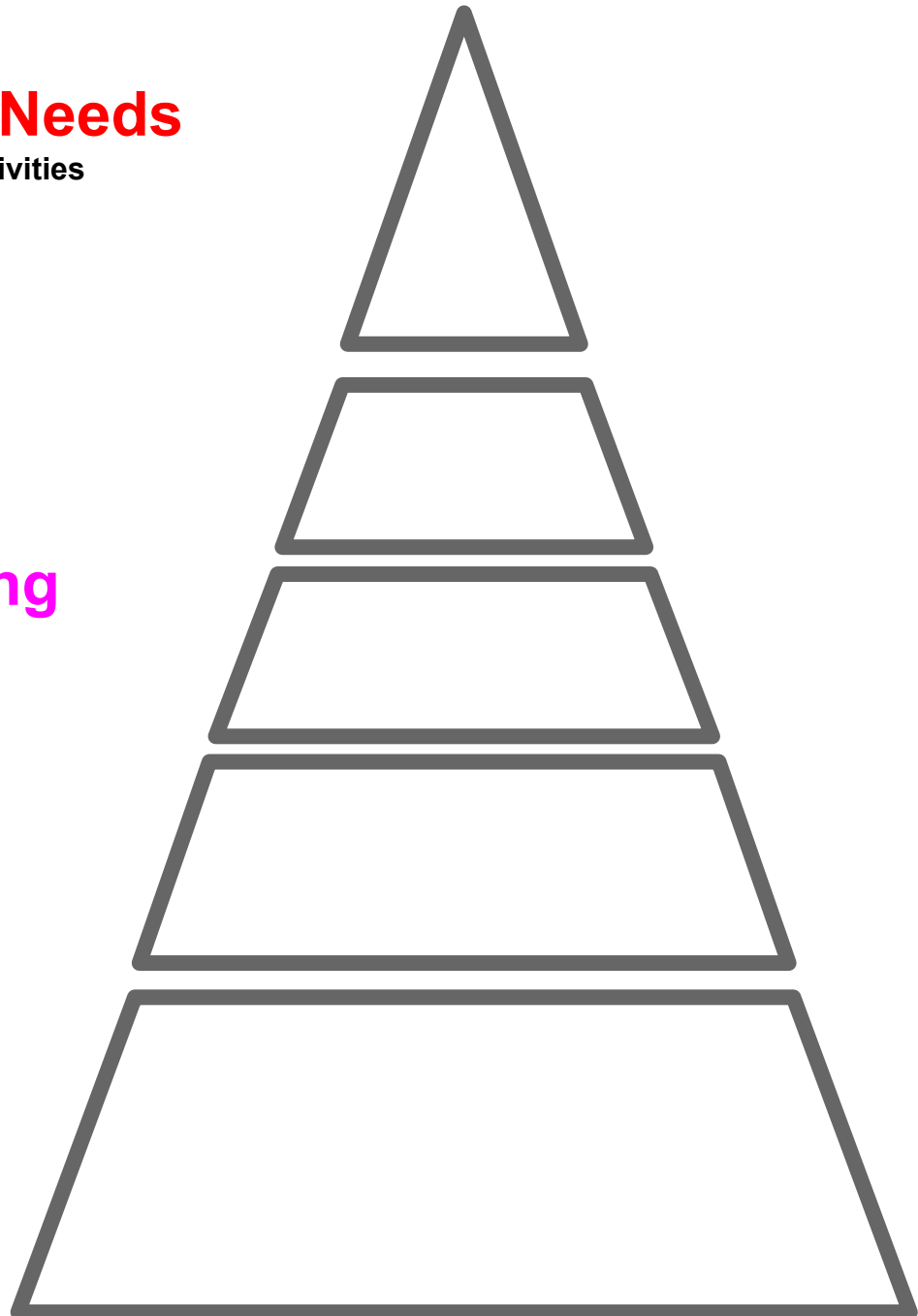
Intimate Relationships, Friends

Safety Needs

Security, Safety

Physiological Needs

Food, Water, Warmth, Rest



Stories to Freedom

Read through the clues of these stories of slavery. Choose a story to act out* as a piece of drama in a group and fill in any gaps using your imaginations.

Think about:

- How might the person feel?
- What situations might they be put in?
- How might the other characters around them act?

**The story can be one scene that captures the audience's empathy, or the whole scenario.*

Person One

- Female
- Travelled across seas
- Travel organised and managed by Traffickers
- Made to look after their owner's children
- Legally tied to their employer/master
- Given no money
- All money given was for the children they look after
- Called crazy - burnt with an iron as punishment
- Too frightened to try and escape

Fill in this box when the other groups are performing their piece of drama.

Age:

Nationality:

Country held as a slave:

Year Rescued:

Person Two

- Male
- Born into slavery
- Mother was exploited as a worker
- Never had birth documentation
- Mother died when he was 10
- Taught to read by his slave owners
- Hired to work on a farm when 16
- Never paid
- Given accommodation
- Abused physically and mentally whilst working

Fill in this box when the other groups are performing their piece of drama.

Age:

Nationality:

Country held as a slave:

Year Escaped:

Person Three

- Lied to about opportunities in a rural area
- Promised their freedom over and over
- Worked looking after animals
- Promised payment over and over
- Many workers kept in sheds at night
- Sick and Healthy workers held together
- Poor conditions and hygiene

Fill in this box when the other groups are performing their piece of drama.

Age:

Nationality:

Country held as a slave:

Year Rescued:

Person Four

- Female
- Used to be a cleaner, nanny, tutor
- Kidnapped in the street and sold into slavery
- Threatened to kill her family if she disobeyed
- Identity documents taken by slave owners
- Stripped by brothel owners
- She didn't see daylight for months
- Made to sleep with thousands of men

Fill in this box when the other groups are performing their piece of drama.

Age:

Nationality:

Country held as a slave:

Year Escaped:

Individual Stories to Freedom

Here you will find the real accounts of the people you were given clues about and how they found their freedom from slavery.

Adele

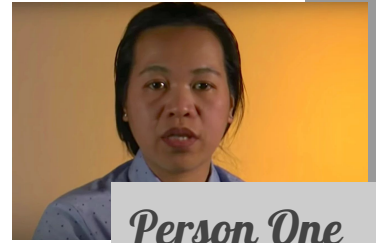
Country: London

Nationality: Filipino

Age when rescued: 32

Year: 2017

I didn't know what London was. But I was told by my employer I was going there.



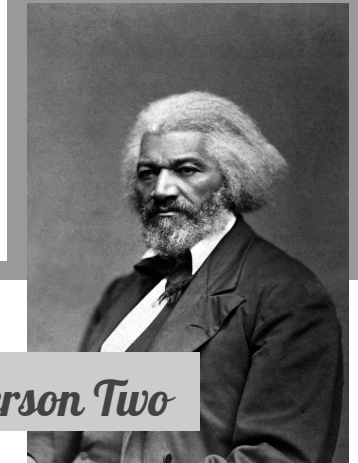
Person One

The family I worked for was from Saudi Arabia. I thought they would look after me, but I had to work almost every hour of every day. They had my passport, and my visa status meant that if I left that job I would be in the UK illegally. I was trapped. I was scared to be arrested.

Until 2012, overseas domestic workers had the right to change jobs and extend their work visa in the UK, but that changed when the coalition government introduced a visa tying them to their employer. A series of reports and parliamentary committees has criticised this "tied visa", warning that it traps vulnerable women in abusive situations.

Every day I had to go to Hyde Park with the children, until 10 at night. I was given no money or food. I had five pounds for the little girls' lunch but if I asked for myself, she would just shout at me or give me one biscuit to eat. I was always cold and hungry. It was the worst experience of my life

He told me I would go to jail if I ran, so I didn't. I had heard of a safe place to go. I met some women at a support group for Filipino women in a church. It was in the capital city. I was told I was a victim. They supported me and helped me stay safe.



Person Two

Frederick Douglass

Country: America

Nationality: American

Age when escaped: 44

Year: 1938

I didn't know I was a slave. My mother was a slave, and I don't know my father. I never spent any time with my mother. I never saw her during the light as she would be working. I think my father was the owner of the plantation my mother worked in, but I don't know. I was looked after as a child, my master's wife taught me to read.

When I was old enough to work I was sold to other farms to work for contracts. I worked for a farmer who would beat me and try to break me psychologically. I rebelled and fought back. Once, I even won a physical confrontation and he never beat me again.

I tried to escape a few times. I had fallen in love with a free woman called Anna Murray. She helped me get the funds to run away and on the 3rd September 1938, I boarded a train to the north. I kept going north until I was 20 miles away from Pennsylvania, a slave free state. I managed to get some documents from someone I worked in a ship yard with, which meant I could pretend I was free.

I went by steam boat along the Delaware River. I arrived in Philadelphia and went to a safehouse of abolitionist David Ruggles in NYC. The whole journey took me less than 24 hours.

I became an abolitionist, I advised governments on many policies. I will always be grateful for the day I found freedom.

Individual Stories to Freedom

Here you will find the real accounts of the people you were given clues about and how they found their freedom from slavery.

Darrell Simester
Country: Wales
Nationality: British
Age when rescued: 44
Year: 2014



Person Three

I am a man from Wales who was held against my will for 13 years, forced to work 15-hour days without pay in appalling conditions at a farm outside Newport. I was offered a job one day and stayed on the farm working.

My parents put an appeal in a newspaper for anyone with any information about someone with my description. I did not know I was a slave. I did not know they were looking for me.

Someone gave an anonymous tip-off to my family, who alerted the police and my brother arrived at the farm to rescue me soon after.

I slept in a rat-infested shed for 10 years and washed myself in an animal trough.

I was also found to have a hernia the size of a grapefruit protruding from my groin and a large growth on my back. I am still in counselling and seeing a psychologist for my ordeal.

Anna
Country: Ireland
Nationality: Romanian, living in London.
Age when escaped: 21
Year: 2011



Person four

I lived in Wood Green. I was working, doing jobs such as waitressing, cleaning and maths tutoring. I was walking home and was grabbed by the neck into a car. The people who did this knew everything about me. They knew about mother, my brothers and sisters, my passport details. They took me to the airport and made me board a flight.

I cried to the airport staff, but they did not pick up on my signals.

I was taken to Ireland, but I didn't know that at the time. I lived in a flat that smelt of alcohol and sweat. I was made to strip, wear a robe and they took pictures of me to advertise online. Thousands of men responded to the ad. They changed my name regularly. I was Natalia, Lara, Rachel, Ruby. I was 18, 19, and 20, from Latvia, Poland, or Hungary.

I had no sleep and had little food. The men who came knew we were kept but they didn't care. They paid my 'owners', not me. One day, police raided the brothel. The kidnappers had fled, so I was arrested. All of the girls were taken to the police station and fined.

When I left the court, the traffickers were there again. They took me back to a different location. One night I heard them talking about taking me to the Middle East. I knew at that moment that I had to try and escape whilst in Belfast. I confided in a client who would only sit and talk with me. He said I could come to his. When I escaped I went straight to the police with him, now that I knew where I was.

The police officer took the names of who had done this to me. They were given a 2 year sentence. They served 6 months. I still live in fear. My family still think I was the one running the brothel.